

## ORGANIZING COMMITTEE

Patrizio Paoletti, Tania Di Giuseppe, Aviva Berkovich Ohana,  
Sabrina Venditti, Tal Dotan Ben-Soussan

## CONFERENCE CONVENOR

Tal Dotan Ben-Soussan  
research@fondazionepatriziopaoletti.org

## THE LOCATION



**MONASTERO DI SAN BIAGIO**  
Loc. Lanciano, 42 - Nocera Umbra (Perugia), Italy

## INFO AND REGISTRATION

[FONDAZIONEPATRIZIOPAOLETTI.ORG/ICONS](http://FONDAZIONEPATRIZIOPAOLETTI.ORG/ICONS)



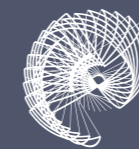
**FONDAZIONE  
PATRIZIO PAOLETTI**  
PER LO SVILUPPO E LA COMUNICAZIONE

**Patrizio Paoletti Foundation**  
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**RESEARCH INSTITUTE  
PAOLETTI FOUNDATION**

**Research Institute for Neuroscience, Education and Didactics**  
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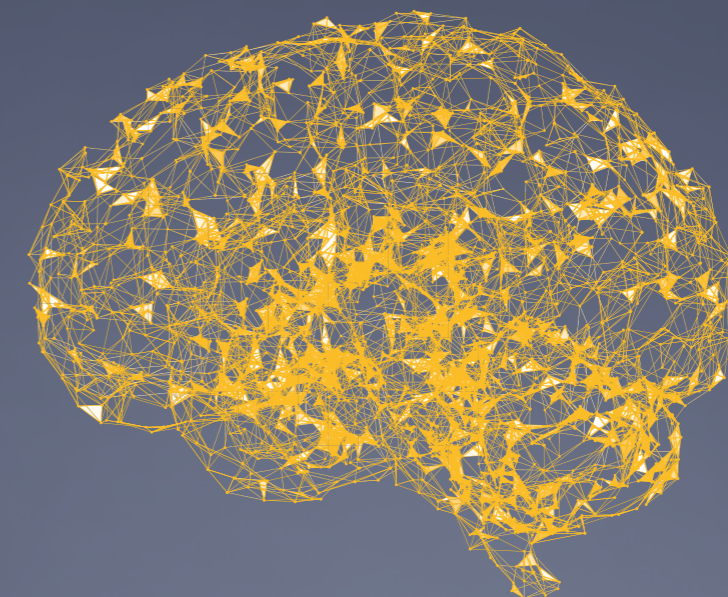
INTERNATIONAL CONFERENCE

# I . C . O . N . S .

## THE NEUROPHYSIOLOGY OF SILENCE

Neuroscientific, psychological, educational  
and contemplative perspective

**NOCERA UMBRA, 26-28 JULY 2019**



[FONDAZIONEPATRIZIOPAOLETTI.ORG/ICONS](http://FONDAZIONEPATRIZIOPAOLETTI.ORG/ICONS)



## CONFERENCE

The Research Institute for Neuroscience, Education and Didactics of Fondazione Patrizio Paoletti, in collaboration with Sapienza University of Rome and the University of Haifa, organizes the first edition of the international conference on Neurophysiology of Silence.

Neuroscientists, philosophers, psychologists and meditation experts explore the theme of silence with a multidisciplinary approach, both from a theoretical-scientific point of view and from a practical point of view. The goal is to deepen its effects on human well-being. It ranges from the neurophysiology of meditation to the importance of silence in music, to the application of mindfulness in a clinical, professional and personal context.

Guided practical experiences, meditation sessions and artistic performances are flanked by the theoretical sessions in the program.

## SPEAKERS

### Patrizio Paoletti

Patrizio Paoletti Foundation - Italy

### Tal Dotan Ben-Soussan

Research Institute of Patrizio Paoletti Foundation - Italy

### Tania Di Giuseppe

Research Institute of Patrizio Paoletti Foundation - Italy

### Moshe Bar

Bar Ilan University - Israel

### Aviva Berkovich-Ohana

Università di Haifa - Israel

### Olga Capirci

ISTC, CNR - Italy

### Filippo Carducci

Sapienza University - Italy

### Giovanna Colombetti

University of Exeter - UK

### Joseph Glicksohn

Bar Ilan University- Israel

### Adam Hanley

University of Utah - Stati Uniti

### Oded Maimon

Tel Aviv University - Israel

### Cynthia Price

University of Washington - United States

### Marina Risi

Centro PNEI, Cure integrate - Italy

### Narayanan Srinivasan

University of Allahabad - India

### Nicola Tambasco

Perugia Hospital University  
Italy

### Francis Tiso

Pontificia Università Gregoriana - Italy

### Marc Wittmann

Institute for Frontier Areas in Psychology and  
Mental Health - Germany

### Sabrina Venditti

Sapienza University - Italy

## PROGRAM

### 26th JULY

9:00 Registration

9:30 Conference opening

#### THE STRUCTURE OF SILENCE – PART I

10:30 **Patrizio Paoletti** – *Silence and the structure of the void: The Sphere model of Consciousness*

11:15 **Moshe Bar** – *The dark side of the proactive brain*

12:00 Meditation session

12:30 Lunch

#### THE STRUCTURE OF SILENCE – PART II

14:00 **Joseph Glicksohn** – *Immersion, absorption, and spiritual experience*

14:30 **Tal Dotan Ben-Soussan** – *Electrophysiological results from OVO and QMT*

15:00 **Aviva Berkovich Ohana** – *Neurophenomenology of meditative self-dissolution*

15:30 Coffee break / Poster session

16:00 **Srinivasan Narayanan** – *Consciousness without content or minimal content*

16:30 **Marc Wittmann** – *Waiting, silence, meditation: Experiencing empty time as an embodied self*

17:00 Meditation / Poster session

18:00 Aperitivo and Poster session

18:30 Concert

### 27th JULY

9:00 Meditation session

#### ADDITIONAL CONSIDERATION ON THE FUTURE OF CONTEMPLATIVE NEUROSCIENCE

9:30 **Francis Tiso** – *Taking the next step in research on the Rainbow Body: Anthropological and Neurophysiological Objectives*

10:00 **Giovanna Colombetti** – *What is absent from contemplative neuroscience?*

10:30 **Oded Maimon** – *The mathematics of silence*

11:00 Coffee break

#### SILENCE IN CLINICAL SETTINGS

11:30 **Marina Risi** – *Psychoneuroendocrinoimmunology of relaxation*

12:00 **Cynthia Price** – *Being within: The importance of sustained attention in interoceptive awareness training*

12:30 **Adam Hanley** – *Self-Transcendence: Measurement, Manipulation through Mindfulness Meditation, and Therapeutic Impact*

13:00 Lunch

14:00 Meditation

14:30 Panel

15:30 Tea break

16:00 **Tania Di Giuseppe** – *Inner scenery construction: a participatory research*

16:30 Workshop: The safe place exercise  
Meditazione/ Esercitazione del luogo sicuro

### 28th JULY

9:00 Meditation in movement: The Quadrato Motor Training

#### THE SILENCE OF SENSES

9:30 **Olga Capirci** – *The Signs of Silence: Deafness, language, cognition and culture*

10:00 **Nicola Tambasco** – *The memory of smell: implications for social and self-awareness*

11:00 **Filippo Carducci** – *Brain architecture and inner silence: the case of Quadrato Motor Training*

11:30 **Sabrina Venditti** – *Molecular effects of Quadrato Motor Training*

12:00 Panel discussion

13:00 Lunch

15:00 *The Sphere model of consciousness*

18:00 Closure and final regards