

# Healthy Masculinity Training Institute

Why should we care about healthy masculinity? Because men who choose it choose to be strong without being violent. It's a life-changer that benefits women and men.



**This training is ideal for:** staff from universities, middle and high schools, law enforcement agencies, the US armed forces, athletic directors and coaches, LGBTQ organizations, statewide and local coalitions, fatherhood groups, juvenile justice organizations, social workers, counselors, service agencies, and government agencies.

This training equips the participant with:

- Theoretical frameworks and social change theories relating to promoting healthy, non-violent masculinity and preventing men's violence against girls and women.
- Valuable tactics for public speaking to motivate men and boys.
- Effective exercises for engaging men and boys through healthy masculinity.
- Thorough understanding of men and bystander intervention, as well as how to prepare men and boys to be active bystanders and to engage their peers.
- The ability to better recognize the intersections between different types of oppressions in connection with masculinity (i.e. racism, classism, and heterosexism).

This July participate in the Washington, DC Healthy Masculinity Training Institute to learn the theories and develop the skills that have shaped the Healthy Masculinity Action Project (HMAP). HMAP is a national two-year initiative designed to raise the visibility of healthy masculinity and build a new generation of male leaders across the country who model non-violent, emotionally healthy masculinity, serving as positive change-makers in society.

Through three days of discussions about theory, interactive group exercises, role-playing, and multi-media presentations, the training institute presents participants with a framework to positively construct masculinity and to motivate men's engagement in challenging the attitudes and behaviors that support violence against girls and women.



**Become part of the Healthy Masculinity movement this July!**

**When:** January 7 – 9, 2019  
9:00 AM - 5:00 PM each day

**Where:** Thurgood Marshall Center  
Conference Room 1  
1816 12th Street NW  
Washington, D.C. 20009

**COST:** \$600 per person (email about discounts available for groups)

Register for the Healthy Masculinity Training Institute [online here!](#)

Or email [training@mencanstoprape.org](mailto:training@mencanstoprape.org) for registration details or for additional

**HEALTHY  
MASCULINITY**  
ACTION PROJECT

**MEN CAN  
STOP RAPE**  
CREATING CULTURES FREE FROM VIOLENCE