

# Traveling Postcards™

Heal, Connect & Empower through Art

A WOMEN'S WISDOM INITIATIVE

## Traveling Postcards on Campus!

**A Traveling Postcards Workshop is a healing arts workshop that gives voice and comfort to survivors of gender violence.**

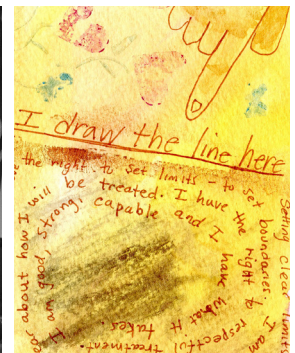
Many violence prevention organizations, including colleges and universities use Traveling Postcards as an additional tool for healing after trauma and to promote recovery and empowerment.

The 90-minute workshop is fun, non-threatening and deeply moving. Workshops are held in coordination with professional Counselors, Sexual Assault Response Coordinators and community leaders.

Traveling Postcards is also an excellent tool for advocacy and to promote gender equality on campus.

### HOW TO GET INVOLVED

- Our workshop is easily accessible and can be adapted to everyone. We can facilitate a workshop for you, or train your advocates, counselors or students to lead a Traveling Postcards workshop in your community.
- We provide a training manual, instructions, and all the worksheets you need for a successful workshop.
- We provide ongoing support before and after workshops, as well as ideas to deepen the conversation within your community.



To talk about scheduling a workshop for your community, contact **Caroline Lovell** at [info@womenswisdominitiative.org](mailto:info@womenswisdominitiative.org) or visit us at [www.womenswisdominitiative.org](http://www.womenswisdominitiative.org). You can also follow us on Facebook at *Traveling Postcards* and on Instagram at *#1000TravelingPostcards*.