

Institutional Betrayal Questionnaire (IBQ)

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What is the IBQ?

Carly Smith and Jennifer Freyd have been developing the Institutional Betrayal Questionnaire (IBQ) to measure [institutional betrayal](#) regarding sexual assault. The IBQ is designed to measure institutional betrayal that occurs leading up to or following a sexual assault (e.g., [The institution] "... created an environment where sexual assault seemed like no big deal"; "... responded inadequately to reports of sexual assault"). The IBQ also measures identification with the institution and prompts for a description of the institution involved. This version of the IBQ is meant to be administered following some measure of traumatic or undesirable experiences. The instructions refer to these experiences when asking about institutional betrayal. We expect to continue to develop this instrument. Please check back here for the latest information.

Preliminary findings using the IBQ.1

Smith, C.P. & Freyd, J.J. (2013). [Dangerous Safe Havens: Institutional Betrayal Exacerbates Sexual Trauma](#). *Journal of Traumatic Stress*, 26, 119-124.

Preliminary findings using the IBQ.2

Smith, C. P., & Freyd, J. J. (in prep). The body knows: Institutional Betrayal, Health, and Dissociation.

(For summary of preliminary findings see Smith talk at: <http://dynamic.uoregon.edu/jjf/wpa2014/index.html>)

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Institutional Betrayal Questionnaire Version 1 (IBQ.1)

This questionnaire will ask you to think about larger *institutions* to which you belong or have belonged, which may or may not call to mind specific individuals. This may include large systems such as a university, the military, the Greek System (i.e., the Fraternity/Sorority System as a whole), or an organized religion. Additionally, this can refer to parts of these systems such as a campus dormitory, a military unit, a specific fraternity or sorority, or a particular church.

In thinking about the events you described experiencing in the previous section, did an *institution* play a role by (please check all that apply)...

1. Not taking proactive steps to prevent this type of experience?

2. Creating an environment in which this type of experience/s seemed common or like no big deal?
3. Creating an environment in which this experience seemed more likely to occur?
4. Making it difficult to report the experience/s?
5. Responding inadequately to the experience/s, if reported?
6. Covering up the experience/s?
7. Punishing you in some way for this experience (e.g., loss of privileges or status)?
8. Prior to this experience, was this an institution or organization you strongly identified with or felt a part of?
9. Are you still part of this institution or organization?
N/A Yes No

10. Please indicate the type of institution involved (check one or more):

University/College

Dormitory/Housing

Greek System

Sorority

Fraternity

Church

Military

Team/Sports Club

Other, Please describe:

11. Did you tell anyone about your experience/s?

N/A Yes No

12. If you told anyone about your experience/s, who did you tell?

13. If you told anyone about your experience/s, how did they react?

14. Please briefly described what occurred:

Institutional Betrayal Questionnaire Version 2 (IBQ.2)

This section will ask you to think about larger *institutions* to which you belong or have belonged, which may or may not call to mind specific individuals. This may include large systems such as a university, the military, the Greek System (i.e., the Fraternity/Sorority System as a whole), or organized religion. Additionally, this can refer to parts of these systems such as a campus dormitory, a military unit, a specific fraternity or sorority, or a particular church.

In thinking about the events described in the previous section, did an *institution* play a role by (check all that apply)...

1. Not taking proactive steps to prevent this type of experience?
2. Creating an environment in which this type of experience seemed common or normal?
3. Creating an environment in which this experience seemed more likely to occur?
4. Making it difficult to report the experience?

5. Responding inadequately to the experience, if reported?
6. Mishandling your case, if disciplinary action was requested?
7. Covering up the experience?
8. Denying your experience in some way?
9. Punishing you in some way for reporting the experience (e.g., loss of privileges or status)?
10. Suggesting your experience might affect the reputation of the institution?
11. Creating an environment where you no longer felt like a valued member of the institution?
12. Creating an environment where continued membership was difficult for you?

Prior to this experience, was this an institution or organization you identified with or felt a part of?

1- Not at all 2-Very little 3-A good deal 4-Very much

Are you still a part of this institution?

Yes/No

Please briefly identify the institution involved (e.g., church, school):

Also see:

- [Betrayal Blindness and Institutional Betrayal](#)
- [Brief Betrayal Trauma Survey \(BBTS\)](#)
- [Science Article about Child Sexual Abuse \(Freyd et al 2005\)](#)
- [Additional articles on trauma, disclosure, etc](#)
- [Freyd Dynamics Lab](#)



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Please note: Due to the large volume of correspondence I receive, I cannot answer most messages.

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